



MEDIA RELEASE:

SHASA joins the state-wide Picnic for Nature 2022

The Southcoast Health and Sustainability Alliance is organising a public picnic on Sunday, October 16, to celebrate the great Australian outdoors.

The Picnic for Nature 2022 is a state-wide event led by the Nature Conservation Council to give people a fun way to get together in nature. and to an easy “Many of us feel we don’t get into nature as much as we would like,” Kathryn Maxwell said.

“Our lives are over-scheduled, with work, school, shopping and dashing about to kid’s sport. Sometimes, it feels like if you don’t schedule time for nature, it just doesn’t happen. That’s why we are organising a local Picnic for Nature, to give people the excuse they need to get outdoors to reconnect with nature, family, friends and the neighbours they probably should get to know.”

“Taking time out to sit in the shade of a tree, share food, and appreciate the natural beauty of our surroundings is something we don’t do often enough. We thought ‘why not take advantage of the warmer weather and unroll your picnic blanket to spend some quality time with family, friends and neighbours at your local park, beach or beauty spot” said Kathryn Maxwell.

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About SHASA: [SHASA](#) is a community group delivering projects in renewable energy, electric transport, resilience and social support across the Eurobodalla. We support community organisations, businesses and individuals to take practical actions to reduce their environmental impact, meet social challenges and adapt to increased heatwaves, droughts, fires and floods.