## Eurobodalla Preparedness Guide

# **Before an** emergency

Reduce the impact of emergencies and disaster by taking time to prepare now.

Take care of yourself, loved ones and what is important to you.

Use the practical and verified resources provided by emergency management services.



#### Start here to get

#### you & your family ready

Put together an emergency survival kit

- Portable battery-operated radio
- Waterproof torch
- Spare batteries
- □ First aid kit with manual
- □ Candles with waterproof matches
- Woollen blankets
- **Emergency contact numbers** 
  - Waterproof bag for valuables

#### **Organise important documents**

- □ Driver's licence
- Passport
- ☐ Marriage/Birth certificates
- Land title/mortgage documents
- Insurance papers

**Gather valuables + sentimental items** Have them ready to transport - grab and go

**Prepare essentials + activities for children** Plan for your pets to help reduce stress

#### Resources

#### **Red Cross** 1800 733 276

Emergencies can strike anytime. Protect yourself, the people you love and the things you value most. Follow the steps to create an emergency RediPlan www.redcross.org.au/prepare

#### 1800 022 222 **NSW Health**

Help with planning and preparation from many types of emergencies to reduce the impact on your health. Provides 24/7 non-threatening health

www.health.nsw.gov.au/emergency\_preparednes s/planning

#### **Breastfeeding Association** 1800 686 268

Emergency planning guide for babies and toddlers

www.breastfeeding.asn.au/emergency-resourcesbabies-and-toddlers

#### **RSPCA NSW** 1300 278 358

Emergency planning for your pets www.rspcansw.org.au/what-we-do/disaster-and-<u>alerts</u>

# Start here to get

# your house & property ready

Prepare your property Consider doing some of these simple steps

### **RFS** survival plan resource

- Ensure reliable source of water
- Consider fire sprinkler systems
- Long hose to reach around house
- Prune large trees and vegetation Clear gutters and drains
- ☐ Get covers for chimneys, vents & drain
- pipes to keep embers out
- Move combustible objects from buildings

#### Floods + storms

Understand your flood risk - flash flooding, storm surges, river or coastal?

Identify higher ground to move to

If threat is minor, consider

- Using sandbags near all openings □ Reinforce doors and windows
- Clear gutters and drains
- Move valuables to higher level

#### Resources

#### **NSW Rural Fire Service (RFS)**

Guide to planning your RFS Survival Plan www.rfs.nsw.gov.au/plan-and-prepare/bush-fire-s urvival-plan

**Batemans Bay** 4478 4917 4478 4984 Moruya **Narooma** 4478 4998

#### **Bushfire Info Line**

1800 679 737 Advice on fire related preparation

#### **State Emergency Service**

Prepare for storms, floods and tsunamis www.ses.nsw.gov.au

#### Department of Primary Industries

Emergency planning for livestock + property www.dpi.nsw.gov.au/emergencies/emergency/ community/before-an-emergency

#### **Additional Support**

#### **RFS AIDER**

02 8741 4955

13 25 00

One-off free service to help prepare your property for elderly, disabled and other vulnerable people www.rfs.nsw.gov.au/plan-and-prepare/aider

#### Lifeline

131 114 (SMS 0477 131 114)

When you need help to cope with the stress of

www.lifeline.org.au

#### Develop an action plan. Decide if you leave or stay

Gather your household members and work through your action plan together.

Evaluate whether staying or leaving during a natural disaster is the safest choice for you and your family.

To help develop your action plan, follow the Red Cross RediPlan.

www.redcross.org.au/prepare

and RFS Bushfire Survival Plan templates

www.rfs.nsw.gov.au/plan-and-prepare/bush-fi re-survival-plan



#### Connect.

#### You're not alone

- Start the conversation with friends & **neighbours** about how to help each other before and during disasters
- ☐ Create an emergency group chat via WhatsApp, Messenger or SMS with your family, friends and neighbours to share updates
- □ Create a personal emergency phone list. Include family, friends, neighbours, medical centres, emergency services, individual care providers and other key contacts

Name	Number



#### Get informed.

#### Keep up to date

Information on changing conditions can be found through RADIO ABC 103.5.

#### Handy phone apps

**Red Cross Get Ready** 

**Emergency+** 

**/** 

**Live Traffic ABC** Listen **NSW** 



**Hazards Near Me** 

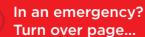
**BOM** Weather

Windy

listen







# During an emergency

When you find yourself in an emergency or disaster situation, this page provides quick access to vital information, resources and phone numbers.

Follow your action plan

Run through your action plan with your household members, assess the condition and agree on individual roles.

If you decide to stay, follow your **Action Plan**. If you decide to leave, establish where you will go and how to get there safely.



#### Get ready to leave

- ☐ Emergency survival kit
- ☐ Cash and cards
- Medications, prescriptions and medical equipment
- Toiletries
- ☐ Phone and chargers
- ☐ Food and water
- ☐ Important documents
- ☐ Valuables/sentimental items
- ☐ Change of clothes
- ☐ Baby/children essentials & activities
- Pets essentials
- ☐ Car full of fuel parked car
- ready to leave

  Shut off utilities
- □ Lock and secure property



#### Stay connected

- Activate your emergency group chat with family, friends and neighbours to share updates
- During emergency, if you require specific support reach out to your relevant care provider



Your local ABC radio station is the official emergency broadcaster authorised to report on verified information and issue warnings during a disaster.

Radio ABC South East 103.5FM Mobile Phone ABC Listen App ABC South East NSW Website

https://www.abc.net.au/southeastnsw

**Facebook ABC South East NSW** 

We acknowledge the Walbunja, Brinja-Yuin, Djirringanj people of the Yuin Nation who are custodians and knowledge holders of the unceded land and waters on which we live and work.

#### **Emergency numbers**





When your life is under threat, there is an emergency or to report a natural disaster near you.

#### Other emergency numbers

**SES** Flood, Storm, Tsunami 132 500

Bushfire Info Line 1800 679 737

Essential Energy Outage 132 080

Crime Stoppers 1800 333 000

Wires Injured wildlife 1300 094 737

Mental Health Line 1800 011 511

Lifeline 13 11 14 (SMS 0477 131114) provides you with support to cope with challenges around natural disasters 24/7 www.lifeline.org.au

# **Eurobodalla**Preparedness Guide

Prepare now to minimise the impact of emergencies on loved ones, yourself and your property.

Start here with verified resources developed by emergency services.

This guide has been created by community for community in Eurobodalla. Helping you with both preparation for and action during emergencies.



Scan the QR code to read more on the SHASA website. →

